

FOUNDATIONS

BUILDING A SOLID FAITH

Name:

Participant Guide April 2026



MACOMB
CHRISTIAN CHURCH

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LETTER FROM KURT

In a world filled with constant change and conflicting voices, it is easy to feel unsettled in what we believe and how we should live. However, Jesus reminds us that the wise person is the one who hears His words and puts them into practice, creating a life that can withstand any storm.

Through this series, we have discussed the foundational beliefs and understanding of a faith built on solid rock. Now it is time to move from beliefs and concepts into action. Now, we arrive at the final stage of our journey, where we discover how to put our faith into practice and truly live it out.

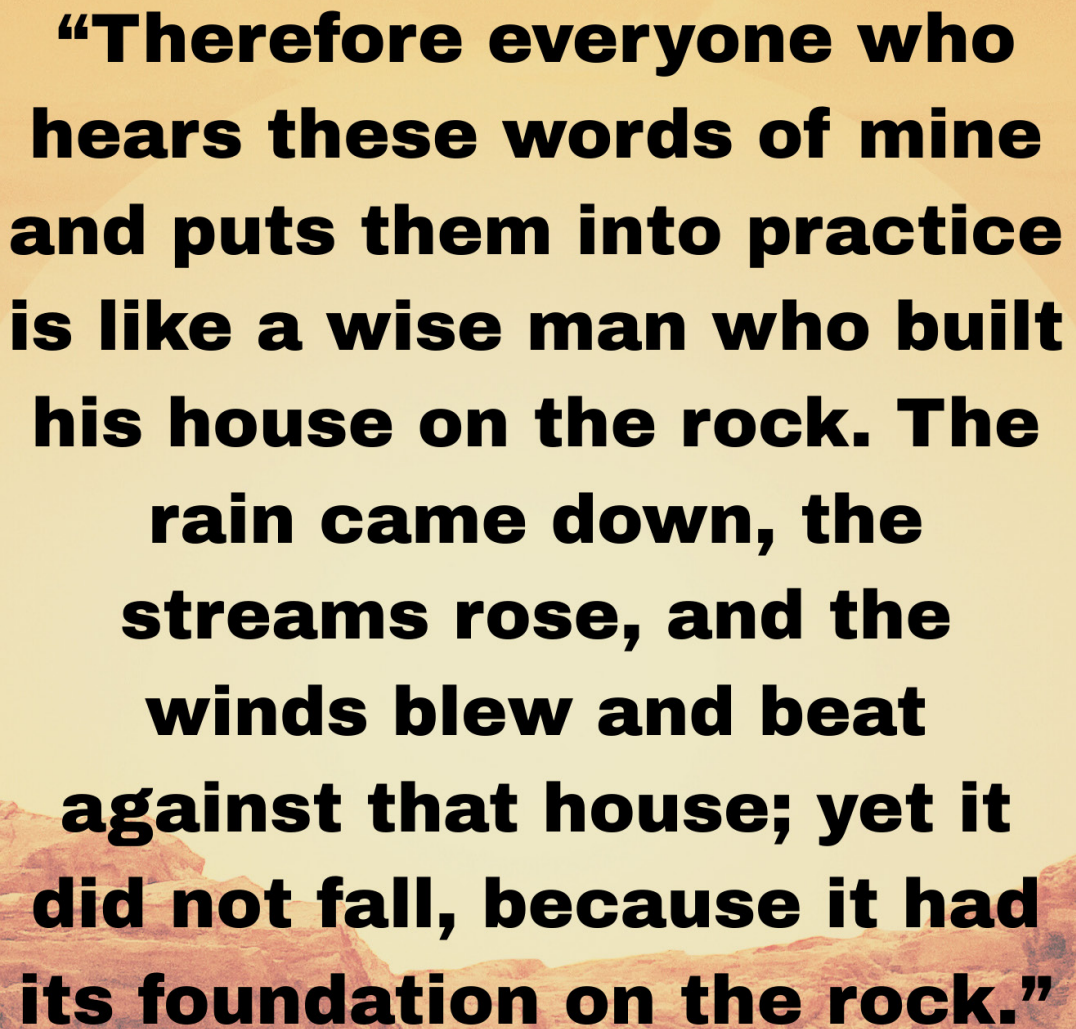
In this final workbook, the focus is on the outward expression of our inward transformation. We begin by examining the sacred time of Communion as we remember the sacrifice of Jesus and celebrate the unity of his church. We will explore the necessity of continual spiritual growth, recognizing that God has given us His divine power to live a godly life as we move from faith to fruitfulness. As we mature, we embrace our calling to be intentional disciples who follow, grow, and go. Finally, we conclude by learning how to live a lifestyle of evangelism, announcing the Good News to those around us and fulfilling our unique calling as followers of Jesus Christ.

It is my prayer that this journey will move you beyond mere head knowledge and into a life of active obedience to the Word of God. May these discussions strengthen your foundation and refresh your soul as you build a faith that is solid, unmovable, and deeply rooted in Christ.

May God bless,

A handwritten signature in black ink, reading "Kurt Charlton". The signature is written in a cursive, flowing style with a long, sweeping underline that extends to the right.

Kurt Charlton
Lead Minister



“Therefore everyone who hears these words of mine and puts them into practice is like a wise man who built his house on the rock. The rain came down, the streams rose, and the winds blew and beat against that house; yet it did not fall, because it had its foundation on the rock.”

Matthew 7:24-25 [NIV]

HOW TO USE THIS GUIDE

The purpose of this guide is to help you dive deeper into our sermon series.

Sermon Notes

Bring this workbook to church each Sunday. As you listen to the sermon, make a note when you hear something that surprises you, intrigues you, bothers you, challenges you, or encourages you. Use this as a starting point for your group discussion.

Connection Questions

These questions will help you and your group members become more comfortable with talking and sharing with each other. Not only will you learn more about one another, the questions will help to steer the discussion in the direction of the topic.

Core Questions

These questions are the "meat" of the discussion and will point back to the sermon each week. Feel free to read and answer the questions before your group meets. They will also help you dig deeper into the Scriptures during your group discussions.

Change Questions

Conviction leads people to significant actions. At the end of Jesus' most famous sermon, he says if you do not put his words into practice, then you are a fool [Matthew 7:24-27]. Life transformation is the ultimate goal of a follower of Christ. This happens through personal reflection and a genuine response to what you have heard from God. Feel free to answer the questions out loud when your leader reads them, or you can quietly reflect and write a response in your workbook. This is the time to go deep and make it personal.

Care Questions

Please focus this time on your own personal praises and requests instead of listing all of the bad things that happened to someone you know. We challenge you to get "deep" with one another relationally, which means becoming a little bit vulnerable as you are honest with one another.

**So then, just as you
received Christ Jesus as
Lord, continue to live your
lives in him, rooted and
built up in him,
strengthened in the faith
as you were taught,
and overflowing
with thankfulness.**

Colossians 2:6-7 [NIV]

APRIL 5 - COMMUNION

1 Corinthians 10:16-17; 11:23-26

Connect Questions

(Points forward to the topic. Helps people become more comfortable with talking and sharing.)

1. **When have you tried to do something good but it ended up getting you into more trouble?**
2. **What is the wildest thing you have eaten?**
3. **When have you experienced an especially memorable meal? What made it special?**

Core Questions

(Points back to the sermon. Heart of the discussion and digs deeper into Scripture.)

1. **Read 1 Corinthians 10:16. What do you think it means to participate in the blood and body of Christ through communion?**

- 2. Read 1 Corinthians 11:17-22. What were the Corinthians doing wrong? Why was Paul so upset with them?**

- 3. In what ways do you think Churches or people today could be guilty of doing more harm than good when taking communion?**

- 4. Read 1 Corinthians 11:23-26. Jesus said to take communion in remembrance of him. What are we to remember? Why do we need to do this each time?**

- 5. Read 1 Corinthians 11:27-30. What may happen if we take communion in an unworthy manner? Why is this so serious?**

- 6. What does it mean to examine ourselves before we take communion? How and why should we do this?**

Change Questions

(Points to application and personal reflection. Encourage people to answer out loud or internally.)

1. **When have you been guilty of taking communion in an unworthy manner?**
2. **How will you take communion differently after this study?**
3. **What can you do to best prepare yourself before you take communion from now on?**

Care Questions

(Points to one another and God. Try to focus on personal praises/requests of people in the group.)

1. **What is going on in your life?**
2. **What are you struggling with that we can pray for?**
3. **What are some ways God is blessing you?**

APRIL 12 - SPIRITUAL GROWTH

2 Peter 1:3-9

Connect Questions

(Points forward to the topic. Helps people become more comfortable with talking and sharing.)

1. **When have you ruined something because you were impatient?**
2. **What is something that took a long time to develop and you now get to enjoy?**
3. **When have you invested a lot of time or money into something, but it did not turn out the way you intended?**

Core Questions

(Points back to the sermon. Heart of the discussion and digs deeper into Scripture.)

1. **Read 2 Peter 1:3-4. What do you think it looks like to live a "godly life"? What has God given us to live this kind of life?**
2. **What do you think it means to "participate in the divine nature" of God? What are the benefits and results of this?**

Change Questions

(Points to application and personal reflection. Encourage people to answer out loud or internally.)

1. **Which qualities in verses 5-7 do you need to focus on this week? Which is easier? Which is more difficult?**
2. **How would you describe your spiritual life? Dead, struggling, growing, flourishing, producing fruit?**
3. **What are you currently doing each day to add to your spiritual growth? What do you need to begin to do this week?**

Care Questions

(Points to one another and God. Try to focus on personal praises/requests of people in the group.)

1. **What is going on in your life?**
2. **What are you struggling with that we can pray for?**
3. **What are some ways God is blessing you?**

APRIL 19 - DISCIPLESHIP

Matthew 16:24; Matthew 28:18-20

Connect Questions

(Points forward to the topic. Helps people become more comfortable with talking and sharing.)

1. **If you had to leave home and leave all your belongings behind, what would you miss the most?**
2. **When have you had a disagreement with someone because you had different definitions of a word or term?**
3. **What are some things you have learned from a person that you would not have learned in a book?**

Core Questions

(Points back to the sermon. Heart of the discussion and digs deeper into Scripture.)

1. **Read Matthew 4:18-22. What do you notice in verses 20 and 22 about the responses of these first disciples? How should that inspire us?**
2. **Jesus said "Follow me... and I will make you... fishers of men" [Matthew 4:19 ESV]. Explain the three parts of this command and how it relates to making disciples.**

Change Questions

(Points to application and personal reflection. Encourage people to answer out loud or internally.)

- 1. What is holding you back from being a better disciple?**
- 2. What is holding you back from making disciples?**
- 3. How will you follow Jesus better? Grow to be more like him? Go and make more disciples?**

Care Questions

(Points to one another and God. Try to focus on personal praises/requests of people in the group.)

- 1. What is going on in your life?**
- 2. What are you struggling with that we can pray for?**
- 3. What are some ways God is blessing you?**

APRIL 26 - EVANGELISM

Romans 10:14-15; 1 Peter 3:15-16

Connect Questions

(Points forward to the topic. Helps people become more comfortable with talking and sharing.)

- 1. When have you been so excited about something you just had to tell everyone you know?**
- 2. What are some examples of good news that people usually share with everyone they know?**
- 3. When have you been asked a question you were unprepared to answer?**

Core Questions

(Points back to the sermon. Heart of the discussion and digs deeper into Scripture.)

- 1. When you hear the word evangelism, who and what comes to your mind?**
- 2. After hearing the sermon, what is your definition or concept of evangelism now?**
- 3. How was the lesson on discipleship last week related to evangelism this week?**

Change Questions

(Points to application and personal reflection. Encourage people to answer out loud or internally.)

1. **During the sermon and during this lesson, who came to your mind of someone that needs to hear and accept the Gospel message?**
2. **In what practical ways can you evangelize to someone this week?**
3. **When and how will you be a light to those around you? How will you be prepared to give an answer to the hope you have?**
4. **Pray for the lost as a group. Mention people by name if you are comfortable with it. Pray that God will use you to reach them.**

Care Questions

(Points to one another and God. Try to focus on personal praises/requests of people in the group.)

1. **What is going on in your life?**
2. **What are you struggling with that we can pray for?**
3. **What are some ways God is blessing you?**

ADDITIONAL NOTES



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