

September 25, 2022

Paul's Letter to the Ephesians

Session 39

Shine!

4TH-6TH GRADE

Hi Tweens,

Opening Prayer

Dear Lord, I thank You for the power of forgiveness, and I choose to forgive everyone who has hurt me.

Help me set [name anyone who has offended you] free and release them to You. Help me bless those who have hurt me. Help me walk in righteousness, peace, and joy, demonstrating Your life here on earth. I choose to be kind and compassionate, forgiving others, just as You forgave me. In Jesus' name, Amen.



Bring a friend to **Shine** Wednesday nights.

- “Have you ever worn a helmet- maybe a bike helmet or a football helmet?”
- “What is the purpose of a helmet?” (to protect our heads from injury)

In “**Paul's Letter to the Ephesians**”, Paul began the letter to the Ephesians by reminding them of that very thing. Believers have been redeemed by Jesus' shed blood for the forgiveness of their sins. Paul went on to explain that just the benefit of that gracious gift is not the end for believers. If believers follow

the leading of the Holy Spirit, they will do and say things that line up with God's will.

Bible Passage: Ephesians 2:1-10; 6:10-20

Memory Verse: Ephesians 2:4-5

⁴ But because of his great love for us, God, who is rich in mercy, ⁵ made us alive with Christ even when we were dead in transgressions—it is by grace you have been saved.

Bible Verse: Ephesians 2:8-9

⁸ For it is by grace you have been saved, through faith—and this is not from yourselves, it is the gift of God—⁹ not by works, so that no one can boast.

Text Truth: **Salvation is a gift from God; we cannot earn it.**

Bible Skills Spotlight: Understand that the truths in the Bible are without error and will never change. Memorize Bible passages and quote individual verses when given the references. Know the Bible teaches God's gift of salvation came through Jesus' sinless life, death, and resurrection.

Your 3 random questions for today:

1. **Question 424: Working ___ hours a week is too much for me. (!! Haha)**
2. **Question 71: Do you think a fling could be a good thing? (NOOOO!!!)**

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3. Question 81: How could you reinvent yourself?



- “Paul wrote the book of Ephesians to remind Christians that their battle is not physical but a spiritual battle against evil. He wanted them to be prepared to fight, so he gave instructions on how to defeat evil.”
- “We’ve learned from Paul’s teachings to the church in Rome that Paul loved telling people about Jesus.” “Paul was now in prison, and he wrote a letter that we now know as the book of Ephesians to the Christians in Ephesus.”

ENJOY THE READ OF THIS WEEK'S STORY!

Paul wanted to tell everyone about Jesus. Paul traveled to new towns and told people about Jesus. When the people believed, Paul would help them start a church so they could gather together and continue learning about Jesus. Sometimes after he left the city, Paul wrote letters to the churches to continue to teach them how to follow Jesus.

One day when Paul was in prison, he wrote a letter to the believers in Ephesus.



Paul said, “You were once dead in your sin. We were children under wrath because we were disobedient. But God, who is full of mercy because of His great love for us has made us alive with Jesus. You are saved by grace!”

Paul explained that when Jesus returns, believers will be raised up to be with Jesus.

Paul continued, “Then God will show His immeasurable grace and kindness to us through Jesus. You are saved by God’s grace through faith. This isn’t something you can do. It is God’s gift to you. It is not because of your good actions, so you cannot boast. You are God’s workmanship, created in Jesus for good works that God planned for you to do.”

Later in his letter to the Ephesians, Paul explained that followers of Jesus have been given armor—spiritual armor for a spiritual battle. This armor helps believers be strengthened by God to resist the devil’s evil plans. Paul reminded the Ephesians that their battle is not a physical battle against people; it is a spiritual battle against the devil and evil.

Paul said, “Put on the full armor of God and be ready to take a stand. Stand with truth



like a belt around your waist and righteousness like armor on your chest. Put the gospel of peace on like you put sandals

on your feet. At all times, pick up the shield of faith so that you will be defended against the flaming arrows of the evil one. Take the helmet of salvation and the sword of the Spirit. The sword of the Spirit is the Word of God. Then, pray in the Spirit all of the time. Stay alert with perseverance. Pray for other believers.”

Finally, Paul asked the believers to pray for him to have the words to share the gospel with boldness. Paul explained he was an ambassador of the gospel, an ambassador who was in chains. But Paul asked the Ephesians to pray that he would be bold enough to share the gospel as he should.

Paul's Letter to the Ephesians

- “Paul mentioned a helmet in Ephesians, so let’s open our Bibles and find out what Paul said about the helmet.”

GRAB YOUR BIBLE AND TURN TO THE BOOK OF EPHESIANS CHAPTER 2

- “In Ephesians 2:8, Paul taught us it is by grace that we are saved through faith. What do you think that means?” *(We can only be saved when we repent of our sin and trust Jesus as our Savior and Lord. We cannot rescue ourselves from our sin problem. Only Jesus could rescue us.)*

“Say this Bible truth a few times this week, **Salvation is a gift from God; we cannot earn it.**”

- “Paul reminded us that we can’t do enough good things to get to heaven. Our good deeds will never be enough. The only way to be saved from our sin is through faith in Jesus.”

READ 6:13-20

- “Was Paul telling us to put on armor to go fight in a war against people, or was he telling us to put on spiritual armor to help fight the evil in this world?” *(spiritual armor)*
- “Just like all of the other helmets we have talked about, this helmet protects us. It protects our minds from the doubts and lies Satan tries to convince us to believe. The helmet of salvation reminds us of the hope we have in Jesus. We can endure difficult times because we will one day spend eternity with Jesus. This helmet protects our minds against evil and reminds us that our future is with Jesus.”
- “Paul wanted the Christians in Ephesus to understand that God had equipped them to fight against Satan.”

“Remember God IS with you always and He hears your prayers.”

If you have any prayer requests, please send them to cameronfamily10@gmail.com.

Remember to LAUGH, have a blessed week, watch or come to church Sunday morning, good luck this school year, and remember

GOD LOVES YOU AND SO DO WE.

The Tween Teachers



METAL HELMET

Helmets from the late Roman period were made of metals like **SILVER, GOLD, AND IRON.** Some were even gilded and decorated with **JEWELS AND GEMS!**