

FOUNDATIONS

BUILDING A SOLID FAITH

Name:

Participant Guide **February 2026**



MACOMB
CHRISTIAN CHURCH

TABLE OF CONTENTS

Letter from Kurt	_____	3
February 1 - Bible	_____	7
February 8 - Trinity	_____	11
February 15 - Sin	_____	15
February 22 - Faith	_____	19
Additional Notes	_____	23

LETTER FROM KURT

In a world filled with constant change and conflicting voices, it is easy to feel unsettled in what we believe and how we should live. However, Jesus reminds us that the wise person is the one who hears His words and puts them into practice, creating a life that can withstand any storm.

This series is about the Foundations of our faith and is designed to help us find solid ground in a shifting world. Over the next thirteen weeks, we will start wide by exploring the core basics of our faith: the authority of the Bible, the nature of the Trinity, the reality of sin, and the definition of true faith. As we progress, we will narrow our focus to our personal response to these truths and, finally, discover our unique calling as followers of Jesus Christ.

In this first workbook, we lay the groundwork by examining the "God-breathed" Scriptures as our ultimate standard. We dive into the mystery of the Trinity and move from seeing God as a distant force to knowing Him as a personal Provider, Savior, and Helper. We will be honest about the struggle of sin while resting in the security of God's grace, and we will learn that biblical faith is not a blind leap but a calculated step of trust in a faithful God.

It is my prayer that this journey will move you beyond mere head knowledge and into a life of active obedience. May these discussions strengthen your foundation and refresh your soul as you build a faith that is solid, unmovable, and deeply rooted in Christ.

May God bless,



*Kurt Charlton
Lead Minister*

“Therefore everyone who hears these words of mine and puts them into practice is like a wise man who built his house on the rock. The rain came down, the streams rose, and the winds blew and beat against that house; yet it did not fall, because it had its foundation on the rock.”

Matthew 7:24-25 [NIV]

FOUNDATIONS

HOW TO USE THIS GUIDE

The purpose of this guide is to help you dive deeper into our sermon series.

Sermon Notes

Bring this workbook to church each Sunday. As you listen to the sermon, make a note when you hear something that surprises you, intrigues you, bothers you, challenges you, or encourages you. Use this as a starting point for your group discussion.

Connection Questions

These questions will help you and your group members become more comfortable with talking and sharing with each other. Not only will you learn more about one another, the questions will help to steer the discussion in the direction of the topic.

Core Questions

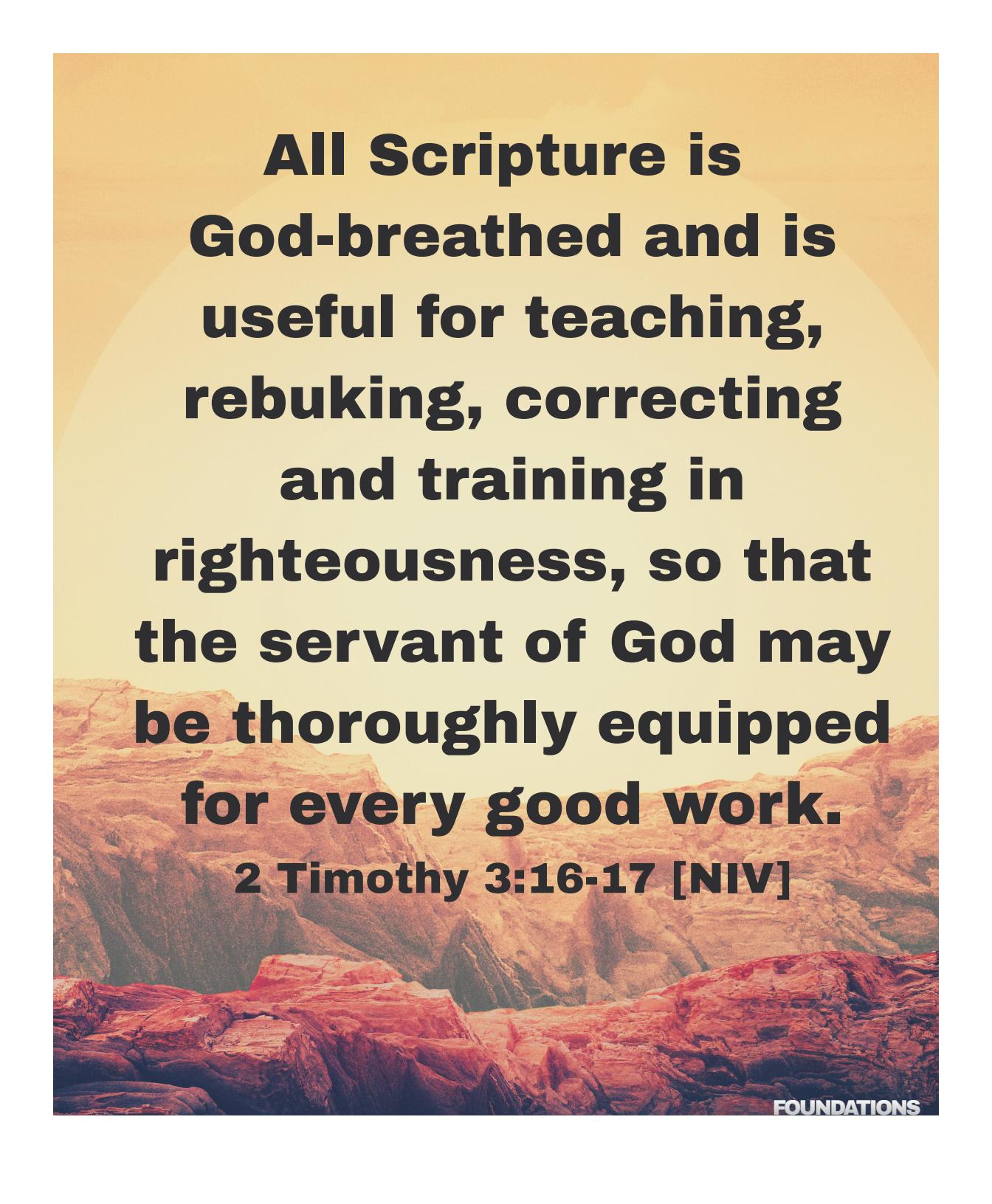
These questions are the "meat" of the discussion and will point back to the sermon each week. Feel free to read and answer the questions before your group meets. They will also help you dig deeper into the Scriptures during your group discussions.

Change Questions

Conviction leads people to significant actions. At the end of Jesus' most famous sermon, he says if you do not put his words into practice, then you are a fool [Matthew 7:24-27]. Life transformation is the ultimate goal of a follower of Christ. This happens through personal reflection and a genuine response to what you have heard from God. Feel free to answer the questions out loud when your leader reads them, or you can quietly reflect and write a response in your workbook. This is the time to go deep and make it personal.

Care Questions

Please focus this time on your own personal praises and requests instead of listing all of the bad things that happened to someone you know. We challenge you to get "deep" with one another relationally, which means becoming a little bit vulnerable as you are honest with one another.



**All Scripture is
God-breathed and is
useful for teaching,
rebuking, correcting
and training in
righteousness, so that
the servant of God may
be thoroughly equipped
for every good work.**

2 Timothy 3:16-17 [NIV]

FOUNDATIONS

FEBRUARY 1 - BIBLE

FEBRUARY 1 - BIBLE

**Matthew 7:24-29; 2 Timothy 3:16-17;
Hebrews 4:12; James 1:22**

Connect Questions

1. **How many physical Bibles do you currently have in your home? Describe one that is special to you and explain why you have kept it.**
2. **Share a quote or a piece of advice, not from the Bible, that has given you a sense of inspiration or hope in the past.**
3. **Can you think of a time when a professional, such as a journalist or a scientist, lost their credibility because their words were found to be inaccurate or misleading?**

Core Questions

1. **If you asked 100 people on the street what they thought about the Bible, what are some things you think they would say?**

2. **Read Matthew 7:24-27. Jesus describes two different builders. What is the primary difference between the wise man and the foolish man in this passage?**
3. **The Tower of Pisa was built on marshy land with a shallow foundation. How does this illustration serve as a spiritual warning?**
4. **Why is it too late to work on your foundation once the storm has already arrived?**
5. **Read 2 Timothy 3:16-17. What does "God breathed" mean, and how should it change our view of the Bible?**
6. **Read Romans 15:4. Beyond being our authority, how does the Bible provide inspiration for a believer who is struggling?**

7. **What does it mean to be "under" the Word rather than just "in" the Word?**

8. **OPTIONAL EXERCISE:** Read Psalm 19:7-14 as a group. Discuss which of the following truths about Scripture applies to each verse: inspired, inspirational, instructive.

Change Questions

1. **Which sources of "wisdom" currently have the most influence over your daily decisions?**

2. **Are you thoroughly equipped for every good work? How can you equip yourself with the Word this week?**

3. **What does your Bible engagement look like? How can you build on your biblical foundation this week?**

Care Questions

1. **What is going on in your life?**

2. **What are you struggling with that we can pray for?**

3. **What are some ways God is blessing you?**

FOUNDATIONS

FEBRUARY 8 - TRINITY

FEBRUARY 8 - TRINITY

1 Peter 1:2; Matthew 3:13-17; Genesis 1; John 1

Connect Questions

- 1. What do you think would be the most difficult thing to describe to someone who cannot see?**
- 2. How would you describe what a computer is and how it works to someone who lived 1000 years ago?**
- 3. Who or what do you picture when you pray to God? Why?**

Core Questions

- 1. Why are people often tempted to reject the Trinity, and what is the danger in doing so?**
- 2. Read Genesis 1:1-2, 1:26, and John 1:1-3. Where do you see the Trinity in these Scriptures?**

3. **What are some illustrations people have used to describe the trinity? Why do these illustrations ultimately fall short? [After your discussion scan the QR code to watch the video: "Christian Trinity - God in 3 Persons – Explained."]**



4. **Watch the following video. What did you think of the illustration? How does this video help to explain the trinity? Discuss your reactions as a group. "Holy Trinity explained in 3 minutes!"**



5. **Read Matthew 3:16-17. Why are all three persons of the Trinity present at this event, and how does this refute Modalism [the idea that God changes forms]?**

6. **Read John 10:25-33. What does this reveal about the relationship between Jesus and the Father, and how does it protect us from Arianism [the belief that Jesus is a created being rather than fully divine]?**

Change Questions

1. **Which person of the Trinity do you feel a stronger connection with right now [Father, Son, or Spirit]? Why?**
2. **How does this discussion of the trinity improve your relationship with God?**
3. **How will you intentionally improve your relationship with all three persons of God this week?**

Care Questions

1. **What is going on in your life?**
2. **What are you struggling with that we can pray for?**
3. **What are some ways God is blessing you?**



FOUNDATIONS

FEBRUARY 15 - SIN

FEBRUARY 15 - SIN

Hebrews 12:1-3

Connect Questions

1. When have you repaired something only to have the problem come back again and again?
2. What are some popular movies where the main character sacrifices himself or herself for the safety of others?
3. What is a movie you have recently seen where the main character must overcome a significant personal struggle or character flaw?

Core Questions

1. Read 1 John 1:8 and Romans 3:23. These verses sound negative, but why is it vital for Christians to acknowledge this reality?

2. **Read Romans 6:1-2 and Galatians 5:13. Why does the Apostle Paul take such a harsh stance against continuing in sin?**
3. **Read Romans 7:7. What does Paul say is the purpose of the Old Testament Law? Why should we continue to study and honor it today?**
4. **Read Romans 7:21-25. What is the battle Paul describes here, and why do we still face this struggle even after following Jesus?**
5. **Why is it important for all Christians, especially new believers, to understand the struggle with sin continues even after we begin following Jesus?**
6. **Read Hebrews 12:1-3. When we feel exhausted by our struggle with sin, what two sources of encouragement does this passage provide?**

Change Questions

1. **How should we live differently now that we know Jesus has set us free from the bondage of sin and death?**
2. **What are some specific "entanglements" or sinful desires you struggle with repeatedly? What needs to happen for you to throw them off this week?**
3. **What are some practical steps you can take to fix your eyes on Jesus this week?**

Care Questions

1. **What is going on in your life?**
2. **What are you struggling with that we can pray for?**
3. **What are some ways God is blessing you?**

FOUNDATIONS

FEBRUARY 22 - FAITH

FEBRUARY 22 - FAITH

Hebrews 11:1-6

Connect Questions

1. **What is a big risk you have taken in your life, such as a career change or a move, and what motivated you to take it?**
2. **When have you placed your trust in a person or a system and it turned out well for you?**
3. **Do you tend to be an early adopter who tries new things immediately, or a late-comer who waits for reviews and proven results?**

Core Questions

1. **Read Hebrews 11:1-2. People often confuse taking risks with having faith. Based on this verse, what is the actual difference?**
2. **Read Hebrews 11:3. What is the connection between believing God created the universe and trusting Him with our own unseen future?**

3. **Read Hebrews 11:4. How does the story of Abel show that faith involves more than just an internal feeling?**
4. **Read Hebrews 11:5. Enoch was commended as one who "pleased God." How does faith result in a life that is pleasing to Him?**
5. **Read Hebrews 11:6. Why is it impossible to please God without faith? What are the two things we must believe?**
6. **Compare Hebrews 11:1 with Luke 14:27-30. Why is counting the cost a vital part of placing our faith in Jesus?**
7. **Read 2 Corinthians 3:16-18. If faith is to be transformative, what should we do if we do not see change in our lives?**

Change Questions

- 1. When do you need to be an early adopter for God and show more trust?**
- 2. In what ways do you need to show more sincerity in your faith?**
- 3. How can you tangibly express your faith in God through your actions this week?**

Care Questions

- 1. What is going on in your life?**
- 2. What are you struggling with that we can pray for?**
- 3. What are some ways God is blessing you?**

ADDITIONAL NOTES



FOUNDATIONS